

May/June, 2017

Volume 17, Issue 5

SENIOR PRAYER LIST

Diane Chaffee, Pat & Joyce Stokes, Karen Hicks, Barbara Arrington, Betty Simmons, Audrey Matherly, Jim Cornog, our Pastors and church staff, our children, grandchildren and great grandchildren, our President Donald Trump, Congress and the Supreme Court

HAPPY BIRTHDAY

Mike Atkins, Donna Bates, Richard Blankenship, Celia Board, Don Davies, Arlene Dudley, Bob Eames, Pam Flanders, Betty Gallimore, Mike Gibson, Janice Holland, Reba McBride, Debbie McDaniel, Charles McManaway, Iris Meador, Janet Moody, Betty Paxton, Jim Ross, Sandi Roth, Bobby Snyder, Dorthy Teague, Gail Thomas, Oscar Wilson, Joyce Wingfield, Daphne Woody

TRAVELING WITH THE J.O.Y. CLUB

Our trip on Friday, May 5th, 2017 to the Wohlfahrt Haus in Wytheville to see the Production of "Then Sings My Soul" was one of the best Gospel Programs we have seen.

We worshiped with quoted scripture and heard forty-four of our favorite old hymns sang by a cast of twelve plus for an unforgettable afternoon, not to mention the delicious lunch. Thank you Brenda for a special time of fun, food, friends and fellowship. It was wonderful.

Trip # 2: Monday – Wednesday, June 5 – 7, 2017 "The Ark Encounter",

Williamstown, Kentucky Cost: 250.00 Waiting list.

Trip # 3: August 14 – 16, 2017, "Jonah" Sight & Sound Theatre, Lancaster, PA. Cost \$275.00 Seats available.

Trip # 4 Monday, November 13, 2017, "Southern Christmas Show" Charlotte, NC \$35.00

Seats Available.

Call Brenda McManaway 540-580-3838 or email her at brendamac@shentel.net for more information.

UPCOMING EVENTS

Coming soon: Pickleball, watch for this exciting activity.

June 4 – 10 Passion Camp for High School Students, Daytona Beach, Florida

June 5 – 10 X -Fuge Camp, Middle School Students, Greenville, SC

June 12 – 16 WinShape Camp. Tickets went on sale 3/12/2017, enroll your child or grandchild now. Volunteers needed.

July 9 – 13 Vacation Bible School. Volunteers needed.

July 14 – 21 Boston Mission Trip, sign up at the Welcome Centers.

Call the church office at 540-483-5470 for more information.

TEST FOR SENIORS

There is a clerk at the butcher shop, he is five feet ten inches tall and he wears size 13 sneakers. What does he weigh? Look for the answer

CHRISTIAN ONE LINERS

That love, not time, heals all wounds.

THE GIFT OF WORDS

That under everyone's hard shell is someone who wants to be appreciated and loved.

SENIOR MOMENTS OF INSPIRATION

I love being over 60...I learn something new every day...and forget five others.

BUMPER STICKERS

Some mistakes are too much fun to make only once

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Save the earth...It's the only planet with chocolate.

.....

Inside every older person is a younger person – wondering what happened.

THOUGHT FOR THE DAY

God loved the birds and invented trees, man loved the birds and invented cages.

WISDOM FROM GRANDPA

I've learned that keeping a vegetable garden is worth a medicine cabinet full of pills.

GRANDMA'S WISE WORDS:

You can tell how big a person is by what it takes to discourage him/her.

FAMILY SHARING TIME

Myles just celebrated his 1st Birthday on February 12th. We prayed for this special little one when he was born with two holes in his heart. He had surgery in May, 2016 and is doing wonderfully. God answered our prayers!
Proud grandparents is Richard and Mary Cook.

OLD PERSON PRIDE

It's the Old People who remove there hats while eating in a restaurant in respect for the ladies and guests

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Meat!
.....

RANDOM THOUGHTS OF A SENIOR CITIZEN

What is it about a car that makes people think we can't see them pick their noses?

BLOND MEN

A blonde man spies a letter lying on his doormat. It says on the envelope "DO NOT BEND." He spends the next 2 hours trying to figure out how to pick it up.

REMEMBER THIS? AGING GRACEFULLY

Last year I joined a support group for procrastinators, we haven't met yet.

THE BEST SERMONS ARE LIVED

Today, when I witnessed a 27-year-old breast cancer patient laughing hysterically at her 2-year-old daughter's antics, I suddenly realized that I need to stop complaining about my life and start celebrating it again.

THE OBSTACLE IN OUR PATH

In Ancient times, a King had a boulder placed on a road-way. Then

he hid himself and watched to see if anyone would remove the huge rock. Some of the King's wealthiest merchants and courtiers came by and simply walked around it. Many loudly blamed the King for not keeping the roads clear, but none did anything about getting the stone out of the way.

Then a peasant came along carrying a load of vegetables. Upon approaching the boulder, the peasant laid down his burden and tried to move the stone to the side of the road.

After much pushing and straining, he finally succeeded.

After the peasant picked up his load of vegetables, he noticed a purse lying in the road where the boulder had been.

The purse contained many gold coins and a note from the King indicating that the gold was for the person who removed the boulder from the roadway.

The peasant learned what many of us never understand!

Every obstacle presents an opportunity to improve our condition.

SENIOR COMPUTER SKILL

Tech Support: What kind of computer do you have?

Customer: A white one...

Tech Support: Click on the "my computer" icon on the left of the screen.

Customer: Your left or my left?

PUNS FOR EDUCATED MINDS

The fattest knight at King Arthur's round table was Sir Cumference. He acquired his size from too much pi.

BIG AND TALL SHOPS

Forget those big-and-tall stores for men and mature-figure shops for women.

At my age, I need a short-and-stopped shop: someplace where I can get a shirt that's long in the back, short in the sleeves and has one big button in the front that I can see without my glasses.

BEANO FOR SENIORS

It's obvious that the people who make those little bottles of that stuff you add to beans aren't senior citizens.

If they were, that stuff would come in a keg with a spigot!

DOCTOR'S ORDERS!

A woman accompanied her elderly husband to his doctor's appointment. After a thorough examination, the doctor took the wife to his office to speak privately with her.

"If you don't follow my instructions carefully, your husband may not have long to live. Every morning, wake him gently with a nice back rub, make him fresh squeezed orange juice and only prepare his favorite foods at all meals in the healthiest ways possible.

Read the newspaper to him and allow him to play golf as much as he likes.

Never bother him with problems or ask him to help around the house.

Draw him a warm bath every night and as you tuck him into bed, give him a foot rub to end the day."

On the car ride home, the husband asked his wife what the doctor had said.

She replied, "We need to make sure your will is in order."

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My old pal Gus is always trying to outdo me.

Yesterday, I showed him the little plastic pill case with compartments I use for all my medications.

So, he showed me the tackle box he uses for his.

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One great thing about getting old is that you can get out of all sorts of social obligations just by saying you're too tired.

WHY DID JESUS FOLD THE NAPKIN?

Why did Jesus fold the linen burial cloth after His resurrection?

The Gospel of John (20:7) tells us that the napkin, which was placed over the face of Jesus, was not just thrown aside like the grave clothes. The Bible takes an entire verse to tell us that the napkin was neatly folded and was placed at the head of that stony coffin.

Early Sunday morning, while it was still dark, Mary Magdalene came to the tomb and found that the stone had been rolled away from the entrance.

She ran and found Simon Peter and the other disciple, the one whom Jesus loved. They have taken the Lord's body out of the tomb and I don't know where they have put him. Peter and the other disciple ran to the tomb to see. The other disciple outran Peter and got there first. He stopped and looked in and saw the linen cloth lying there, but he didn't go in.

Then Simon Peter arrived and went inside, he also noticed the linen wrappings lying there, while the cloth that had covered Jesus' head was folded up and lying to the side.

Was that important? Absolutely! Is it really significant? Yes!

In order to understand the significance of the folded napkin,

you have to understand a little bit about Hebrew tradition of that day.

The folded napkin had to do with the Master and servant and every Jewish boy knew the tradition.

When the servant set the dinner table for the master, he made sure that it was exactly the way the master wanted it.

The table was furnished perfectly and then the servant would wait, just out of sight, until the Master came to dinner. He would fold his napkin if he were returning to the table.

That is what Jesus did at the tomb.

He neatly folded the napkin signifying **THAT HE WILL RETURN AGAIN!**

THE SCIENTIFIC DEATH OF JESUS

At the age of 33, Jesus was condemned to the death penalty. At the time, crucifixion was the "worst" death. Only the worst criminals were condemned to be crucified. Yet it was even more dreadful for Jesus, unlike the criminals condemned to death by crucifixion, Jesus was to be nailed to the cross by His hands and feet. Each nail was six to eight inches long.

Both of His feet were nailed together, this He was forced to support Himself on the single nail that impaled His feet to the cross. Jesus could not support himself with His legs because of the pain, so He was forced to alternate between arching His back then using his legs just to continue to breathe.

Imagine the struggle the nails were driven into His wrist, not into His palms as is commonly portrayed. There's a tendon in the wrist that extends to the shoulder. The Roman guards knew that when the nails were being hammered into the wrist

that tendon would tear and break, forcing Jesus to use His back muscles to support himself so that He could breathe.

Jesus endured this reality for over three hours. Can you imagine this kind of suffering?

A few minutes before He died. Jesus stopped bleeding, he was simply pouring water from His wounds.

From common images, we see wounds to His hands and feet and even the spear wound to His side. Before the nails and the spear, Jesus was whipped and beaten. The whipping was so severe that it tore the flesh from His body.

The beating so horrific that His face was torn and His beard ripped from His face. The crown of thorns cut deeply into His scalp.

He had no more blood to bleed out, only water poured from His wounds. The human adult body contains about 3.5 liters (just less than a gallon of blood.)

All these without mentioning the humiliation He passed after carrying His own cross for almost two kilometers, while the crowd spat in His face and threw stones (the cross was almost

thirty kg of weight, for its upper part where His hands were nailed.)

Jesus had to endure this experience, so that we can have free access to God.

So that our sins could be "washed" away. All of them, with no exception!

JESUS CHRIST DIED FOR US!